



SAFE LIFE UGANDA (SLU)

“LIGHT AT THE CORNER”



WAPOKRA IN HOT BRIEFS

- 1957 Born to Mr Pascal Odyer (RIP) and Mrs Terezina Aneu (RIP) in Jupanyondo village, Paidha, formerly Nebbi District (Now Zumbo District)
- 1960 P1, Oturugang Boys Primary School
- 1966 St Peters College Waar, Junior school.
- 1967 Mvugu Primary School, PLE
- 1968-
- 1971 Moyo Senior Secondary School, 'O' level
- 1972-
- 1973 Kabalega Secondary School, Masindi District 'A' level
- 1974-
- 1977 Makerere University Kampala (MUK), Bsc Geology
- 1978-
- 1981 Joined Geo Survey International, a Company that was working for the Tanzanian Government as an expatriate body then.
- 1981 Returned to Uganda, joined the armed forces (UNLA) and served up to the rank of a lieutenant.
- 1986 After the over throw, he returned home
- 1988-
- 1995 Worked at Nyapea Hospital as the Estates Manager
- 1996-
- 1997 Had a break to interact with his family for a reasonable time
- 1997 Joined politics as LC3 Chairperson Paidha Town Council (Ordinarily the Mayor) in response to a call from concerned citizens within the community (ies) who visualised untapped good leadership investments in him.
- 2006 Elected LCV Chairperson Nebbi District in February. He assumed office on 12th May and was officially sworn in on 18th May.
- 2010-
- 12/05/
- 2011 LCV Chairperson Nebbi District

He also served in key positions as herein under;

- Vice Chairperson NRM Nebbi District
- At National level he was an Executive Member of the Urban Authority Association. He played a decision-making role for the Authority.

Wapokra, A life made up of a humble spot to manage opportunities and challenges for the growth and development of others. He shaped his mind with good academic profile supported by humility and love for uganda, his motherland.

DISTRICT LCV BOSS HAILS LOCAL NGOS



The Face of Confidence:

Above, Mr Wapokra John Pascal, The Local Council V Chairperson Nebbi District reflects on how he has managed challenges and opportunities to shape good health programmes in the District since 2006 (Photo Courtesy of Nebbi D.I.O)

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SLICE OF LIFE

- Regrets the demise of his first wife which occurred in 1995. Surprisingly, Mr Wapokra spent some good minutes trying to recall name of the said wife (Annet Adyeri, Bullisa District). A situation like this explains how soon we forget the people we share love with and yet they are supposed to be part of our memory forever. We must remember them subconsciously. **May Her Soul Rest in Peace**
- Now married with seven (7) children and also looks after several dependants
- Has natural love for humanity
- Very inquisitive and blessed with good sense of judgment for every situation.
- Down-to-earth and very approachable

OUCHA TO FUND RAISE IN FIVE (5) UGANDAN DISTRICTS

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Anthem Gazetted in: THE UGANDA GAZETTE

Ref: XCVIII, No. 15 of March 18, 2005



“AN EQUAL OPPORTUNITY INTERACTION”

LOVE, I FEEL LIKE TESTING FOR HIV/AIDS TODAY

OH, GOOD IDEA! MAY I JOIN YOU?

PLEASE, KNOW YOUR HIV/AIDS STATUS TO MANAGE LIFE BETTER.

"GOVERNMENT PARTICIPATION AND SUPPORT"

From page 1

By Tony White

Following rampant calls from communities that dormant urban NGOs in Uganda should **'Wake up and reach out'**, the Chairperson Local Council V, Nebbi, Mr John Pascal Wapokra has enthusiastically come out to recognise and thank sections of NGOs for work well performed in the areas of HIV/AIDS prevention, care and support, poverty eradication, sanitation, education, among others. **Please read on.**

At an 'Eye to Eye' interaction with the composer of Anti AIDS Anthem, July 15 venue at White House, Nebbi District Headquarters, Mr. Wapokra disclosed that one of the NGOs, ACTION AID UGANDA has taken a key role and participation within the communities of Nebbi District

"Action Aid Uganda has performed a commendable work within the district. They carry out poverty eradication campaigns and other activities down to the grass roots. Impact of their performance is positively felt within the communities" narrates Mr. Wapokra.

The chairman singled out a popular programme by Action Aid running under the theme **'Women Wont Wait'** as a very interactive programme which has received commendable response and support from the communities

"We are impressed and it is out of that that the district managed to provide office space to Action Aid as means of sharing limited resources with an NGO performing the right activity for our people" says Mr. Wapokra.

"By the time I assumed office, I found doctors were running away from Nebbi Government Hospital due to poor living conditions and facilities. The conditions were gradually improved and four (4) more doctors joined. Now we have six (6) doctors working at Nebbi Government Hospital. We also have 57 Health Units and two (2) private hospitals (Nyapea and Angal)."

Mr Wapokra, however, advised all NGOs registered within the district to provide proper accountability and that the accountability should not only be upward (to the donors) but that it should also be downwards (to the beneficiaries)

"The District is open to legally registered NGOs and very strict with operations of so called briefcase NGOs, actually they are not here in Nebbi. To the registered NGOs, I advise them to account for all funds received, without hesitation." explains Mr Wapokra.

The Chairman observes that to remain effective and relevant, NGOs should network "Uganda has many NGOs on record with some performing similar activities and this leads to inefficiency, duplication of work and to some extent mismanagement of limited resources among others."

In 2007 / 2008 Nebbi District emerged second in the promotion and upholding of general good health and sanitation programmes amongst all the districts of Uganda. This was established after a study was carried out by the Ministry of Health, Uganda.

Nebbi District, among others, has been at the forefront of promoting the HIV/AIDS Anthem in Uganda. Nearly all schools within the District sing the Anthem during assemblies.

Mr Wapokra also recognised the commitment, participation and contribution of NGOs such as AFARD, World Vision, CEFORD, CARITAS providing services ranging from provision of revolving funds to HIV/AIDS victims, fight against malaria, poverty eradication, HIV/AIDS prevention and care, capacity building, promotion of education, among others.

On Hospitals and Health Units, Mr. Wapokra proudly states that;

Please watch this space



A team of leaders and technocrats monitoring a borehole rehabilitation at Panyimur Health Centre III with support from the 9th European Development Fund EDF (SDP). Water is life. It is true water is life but only if the water source is clean and guarantees healthy living. (Photo Courtesy of Nebbi D.I.O)

SPECIAL NOTICE

We do acknowledge calls from sections of the public for re-run of some of our articles. However, due to limited space, we are unable to respond as per requests but promise to feature them occasionally in future. Thank you for being part of the readership.

Safe Life Uganda



Team Spirit in Action:

The Local Council V Chairperson, Mr Wapokra John Pascal (standing, third from right) and the Chief Administrative Officer CAO, Mr Langoya Otto Patrick (standing, fifth from right) pose for a group photo in front of the White House, Nebbi District Headquarters. Nebbi District Headquarters is one of the best in Uganda with nearly all Government departments in one spot. (Photo courtesy of Nebbi D.I.O)

THE MINISTRY OF DEFENCE IN UGANDA IMPLEMENTS A FIVE (5) YEAR HIV/AIDS STRATEGIC PLAN (2008-2013-14). THIS PUBLICATION SHALL KEEP ABREAST OF THE PROGRESS. PLEASE WATCH THIS SPACE.

"A PUSH FROM THE BUSINESS CORNER"

PROSTITUTES

Are like seasonal birds
they fly from one city
to another in search of
favourable climates

Most of them are affected
by the wind, they hardly
return to mother
trees and die
in no man's land

They die praying
they die unhappy
they die hoping
they die in tears.....

Those who succeed in
the return journey
accept all climatic
conditions offered within
the trees and they
live longer.

NEXT: Please read about widows /
widowers and orphans. Who they are and
what makes them survive a little longer

PROSTITUTES is an extract from 'HEART OF THE NILE DOVE - 1994'



\$ 700 per month

- Flats - 6 spacious units, 3 bedrooms per unit.
- Fully tiled, good road access, stable power / water supply.
- Modern facilities and fittings, adequate parking yard.
- Can serve as residential or office premises.
- \$ 700 per month for each unit payable 6 or 12 months upfront
- Work in progress.
- Requires an Organisation or Company to rent as a block.
- Location: **Nsambya**, five minutes walk from the American Embassy.

Please contact

Seven Eleven PCL, Upper Naguru on:
0312 111499 / 0782 022460 / 0754 022460

KINDLY EXPOSE DORMANT URBAN NGOS

I refer to your lead story of Issue no. VIII entitled 'Ugandan Head Teacher Calls Upon Dormant NGOs to Wake Up and Reach Out' dated 1st July, 2010. In the article, you missed pointing out that some of these NGO Executives have questionable profiles and they resort to NGO management by mistake or as a way of hiding their dirty past.

I do humbly request you to consider publishing assorted profiles of NGO Executives as a way of quickly relating to their contribution and performance within the Organisations they serve and also expose those who will run and hide as they cover something fishy associated with their past public or private lives.

To keep you posted further, you would better investigate and unearth more factors surrounding dormancy of urban NGOs. As you kick start the exercise, you will find out, in the forefront, many unique scenes. Some NGOs trade in hired or borrowed project proposals which become hard to implement without proper guidance and routine monitoring of the authors.

Others are also dormant because they could have reached a comfort zone where-by the Organisation needs to be restructured to once again become active and relevant. At this zone, some Organisations may be having too much funds which they neither have capacity to dispense nor the readiness to alert donors / Government(s) about.

Others lack funds because they do not have appropriate human resource to initiate proposals that would generate required funds to drive sections of idle resources within their setup and they remain comfortable consuming petty funds from minor surviving projects.

Some others 'steal' proposals from genuine authors, change themes to suit their interests but in the middle of all, they get stuck in the process of implementing contents of such proposals.

However, there are some out standing NGOs whose activities and services are on the ground touching communities with lots of positive impact. Actually this puts sections of NGOs in the categories of '**weeds competing for food nutrients with good crops**'

Names withheld on request

From page 1

The re-known Ugandan Anti HIV/AIDS activist / campaigner cum the author of HIV/AIDS Anthem in the world, Patrick Donald Oucha has agreed and set to spear head local fund mobilisation drive targeting mainly the business communities and Government Ministries in five districts of Uganda namely; Arua, Gulu, Mbarara, Kampala and Nebbi.

The decision to mobilise funds has been prompted by Oucha's decline to sell publication against stiff demand / calls for sale of his innovative and life saving artistic / poetic work. He reasons that cover price could lead to selective access to the property and deny the poor opportunity to free access and yet he is pro-poor and humanity driven.

"I cannot sell to my people but I will love to engage Ugandans like me to join hands and give support. It is also good for us as Ugandans to develop the heart of sorting our challenges locally as a family instead of depending on foreign donors who have strings attached to donations."

Oucha has so far donated an estimated 50,000 copies of the Anti-HIV/AIDS Anthem published locally to meet international standards. He however warns that other countries shall pay for the cover price as the World moves towards 'nothing for nothing' and also the act of voluntarism becoming out dated and a liability to individuals.

Oucha's performance and work in the areas of good health promotions is now estimated at 6.3 billion Uganda shillings. You will remember that he performed in estimated 3000 schools country wide, donated assorted Anti- AIDS IEC nationally and internationally among others.

Fund raising kicks off on 1st of August to 1st of October, 2010. The amount raised shall be communicated to the supportive public through our publication.

Please watch this space



ANGAL SECONDARY SCHOOL

P.O Box 4, Nebbi-Uganda

ACTIVELY SUPPORTS LOCAL AND GLOBAL HIV/AIDS CAMPAIGNS



SAFE LIFE UGANDA (SLU)



ANTI-AIDS ANTHEM COMPOSED AND TESTED IN UGANDA



Mr. OUCHA PATRICK
Ugandan Poet

KAMPALA ACADEMY
PRIMARY SCHOOL



ONE MOMENT, SOMEDAY
HIV/AIDS WILL SURRENDER
CRAVE A.B.C, VCT, ARVs....
GO TEST NOW



KEEP ON FIGHTING
LET LIFE FLOW
DON'T DIE YOUNG
WHY DIE YOUNG



COME CLOSER GOD
AIDS WILL VANISH
HEAL THOSE INFECTED
BLESS THOSE AFFECTED



WIDOWS, ORPHANS, WIDOWERS....
AIDS WILL SURRENDER
ONE MOMENT, SOMEDAY
ALL WILL REJOICE



Ombaci
First Among Equals

ABBREVIATED:

- A: Abstinence**
- B: Be faithful or be careful**
- C: Change behavior or character transformation.....**
- VCT: Voluntary, Counseling and Testing Services**
- ARV's: Anti-AIDS Drugs or Anti-retroviral**

TESTED IN UGANDA 2003

Composed by Patrick Donald Oucha

After he has successfully sensitized the YOUTH in over 2,500 Schools, Presented Anti-AIDS Programmes on 20 FM Radio Stations and a National Television between 1994 & 2004. The Anthem is designed to strengthen and sustain success stories registered against the HIV/AIDS scourge. It has been approved by Directorate of Music as a Classic piece against the HIV/AIDS scourge.

Gazetted in:
THE UGANDA GAZETTE

Ref: XCVIII, No. 15
of March 18, 2005



IT'S YOUR FAMILY WEAPON AGAINST AIDS!!!

*"Please Pick me, Read me,
Share me and Take me Home."*

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